

## **CURRICULUM VITAE**

### **ALEXANDER THOMAS, M.D.**

#### **PERSONAL DATA**

Born: January 11, 1914, New York City  
Married, four (4) children  
SS#: 085-16-6779

#### **EDUCATION**

College City of New York, B.S., 1932, Magna Cum Laude  
New York University College of Medicine, M.D., 1936,  
Alpha Omega Alpha prize  
Laboratory and Clinical Rotating Internship,  
Mt. Sinai Hospital, New York City, 1936-1939  
Fellow in psychiatry, Bellevue Psychiatric Hospital  
New York city, 1946-1948  
Psychoanalytic Training, New York City, 1946-1948  
Diplomate, American Board of Psychiatry, 1948

#### **ARMY SERVICE**

Medical Officer, U.S. Army Air Force, 1942-1946  
Entered as 1st Lieutenant, promoted to Captain in 1943.  
After first month served continuously as neuropsychiatrist.

#### **ACADEMIC POSITIONS**

New York University School of Medicine, Department of Psychiatry  
Assistant, 1948-1949  
Clinical Instructor, 1949-1953  
Assistant Professor of Clinical Psychiatry, 1953-1957  
Assistant Professor, 1957-1959  
Associate Professor, 1959-1966  
Professor, 1966-Present  
Michigan State University, clinical Professor in the Department of Psychiatry- December 1994

#### **HOSPITAL POSITIONS**

Assistant Visiting Physician in O.P.D., Mt. Sinai Hospital,  
1940-1942  
Assistant Attending Physician, Montefiore Hospital, 1941-1942  
Bellevue Psychiatric Hospital:  
Clinical Assistant Visiting Neuropsychiatrist, 1948-1950  
Assistant Visiting Neuropsychiatrist, 1951-1957  
Associate Visiting Neuropsychiatrist, 1958-1968  
Director, 1968-1978  
University Hospital:  
Assistant Clinical Neuropsychiatrist, 1948-1953  
Assistant Attending in Psychiatry, 1954-1959  
Associate Attending in Psychiatry, 1960-1965  
Attending in Psychiatry, 1965-Present

## **COMMITTEE APPOINTMENTS AT NEW YORK UNIVERSITY MEDICAL CENTER**

Admissions Committee, 1961-1978

Interne Advisement Committee, 1960-1979

## **PROFESSIONAL MEMBERSHIPS**

American Psychiatric Association (Life Fellow)

American Association Advancement of Science

Association of American Medical Colleges

New York County District Branch, American Psychiatric Association  
Chairman, Committee on Psychosomatic Medicine, 1961-1962

Chairman, Program Committee, 1963-1964

Member of Council, 1967-1970

President Elect, 1972-1973

President, 1973-1974

## **RESEARCH ACTIVITIES**

Co-Director, NIMH Sponsored Research Training Program,  
Department of Psychiatry, 1964-1966

Director, NIMH Sponsored Research Training Program,  
Department of Psychiatry, 1966-1968

Principal Investigator, Longitudinal Study of Behavioral  
Development, 1960-1967 (MH3614)

Principal Investigator, Retardation in Intellectual  
Development of Lower-Class Puerto Rican Children in  
New York City, 1965-1969 (HEW, Office of Education Grant #2131)

Principal Investigator, Behavior Problems in Puerto Rican  
Children, 1965-1969 (Health Research Council of  
New York U-1618)

Principal Investigator, Preschool Behavioral Style and Later  
Academic Achievement, 1969-1971 (HEW, Office of Education  
Grant #8-0663)

Principal Investigator, New York Longitudinal Study Temperament  
Scale for Children, January 1975-December 1976 (NIMH-Clinical  
Research Branch Grant #26414)

Principal Investigator, Temperament and Personality in Early  
Adult Life, April 1978-June 1981 (NIMH-R01 MH31333)

Principal Investigator, Behavioral Individuality in Adult Life,  
March 1, 1986-May 31, 1989 (NIMH-R01 MH39957)

## **HONORARY SOCIETY MEMBERSHIP AND AWARDS**

Phi Beta Kappa

Alpha Omega Alpha

Sigma xi

1979 Richard a. Baum, Award for Human Service, Mental Health  
Association of New York and Bronx Counties

1980 Blanche F. Ittelson, Prize for Research in Child  
Psychiatry, AM. Psychiatric Association

1993 Society for Research in Child Development, Award for

Distinguished Contributions to Child Development.  
1994 Bellevue Hospital Center Department of Psychiatry- Lifetime  
Achievement Award

## **EDITORIAL AND CONSULTING ACTIVITIES**

Editorial Board, American Journal of Orthopsychiatry, 1979-1983  
Editorial Board, Journal of Psychiatric Education, 1978-  
Ad hoc Reviewer, American Journal of Psychiatry, Pediatrics,  
Journal of Nervous and Mental Diseases  
Ad hoc Consultant, National Institute of Mental Health and Human  
Development Study Section of National Institutes of Health  
Consultant, Educational Project for Gifted Minority Students,  
Josiah Macy Jr. Fdn.

## **PUBLICATIONS:**

### **Books**

1. Behavioral Individuality in Early Childhood (with Chess, S., Birch, H.G., Hertzig, M. and Korn, S.) New York: New York University Press, 1963.
2. Your Child is a Person (with Chess, S. and Birch, H.G.) New York: Viking Press, 1965.
3. Temperament and Behavior Disorders in Children (with Chess, S. and Birch, H.G.) New York: New York University Press, 1968.
4. Annual Progress in Child Psychiatry and Child Development (with Chess, S.) New York: Brunner/Mazel, annually since 1968.
5. Racism and Psychiatry (with Sillen, S.) New York: Brunner/Mazel, 1972.
6. Temperament and Development (with and Chess, S.) New York: Brunner/Mazel, 1977.
7. Dynamics of Psychological Development (with Chess, S.) New York: Brunner/Mazel, 1980.
8. Origins and Evolution of Behavior Disorders (with Chess, S.) New York: Brunner/Mazel, 1984.
9. Temperament in Clinical Practice (with Chess, S.) New York: Guilford Press, 1986.
10. Know Your Child (with Chess, S.) New York: Basic Books, 1987.

## Monographs

Class and Ethnic Differences in the Responsiveness of Preschool Children to Cognitive Demands, Monographs of the Society for Research in Child Development, (with Hertzig, M., Birch, H.G., and Mendez, O.A.) Serial #117, 1968.

## Articles

1. Purulent Meningitis Produced by the Minute Hemolytic Streptococcus and B. Coll, Journal of Mt. Sinai Hospital, 5:702, 1939.
2. Suppurative and Necrosuppurative Bronchopneumonia in Children, Journal of Mt. Sinai Hospital, 8:26, 1941.
3. Acute Suppurative Bronchopneumonia (with N. Neuhof), Archives of Internal Medicine, 73:45, 1945.
4. The Importance of Cultural Evaluation in Psychiatric Treatment and Diagnosis (with Chess, S. and Clark, K.) Psychiatric Quarterly, 27:1-13, 1953.
5. Simultaneous Psychotherapy with Marital Partners, American Journal of Psychotherapy, 10:716, 1956.
6. Relationship of Psychosis and Psychosomatic Disease (with Stern, M. and Lillienfeld, A.) Journal of Nervous and Mental Disorders, 123:249, 1956.
7. An Approach to the Study of Sources of Individual Differences in Child Behavior (with Chess, S.) Journal of Clinical and Experimental Psychopathology and Quarterly Review of Psychiatry and Neurology, 18:347-357, 1957.
8. The Importance of Non-motivational Behavior Patterns in Psychiatric Diagnosis and Treatment (with Chess, S.) Psychiatry Quarterly, 33:326-334, 1959.
9. Characteristics of the Individual Child's Behavior Responses to the Environment (with Chess, S., Birch, H.G. and Hertzig, M.) American Journal of Orthopsychiatry, 24:791-802, 1959
10. A Longitudinal Study of Primary Reaction Patterns in Children (with Chess, S., Birch, H.G. and Hertzig, M.) Comprehensive Psychiatry, 1:103-112, 1960.
11. Implications of a Longitudinal Study of Child Development for Child Psychiatry ( with Chess, S., Birch, H.G. and

- Hertzig, M.) American Journal of Psychiatry, 117:434-441, 1960.
12. Individuality in Responses of Children to Similar Environmental situations (with Chess, S., Birch, H.G. and Robbins, L.) American Journal of Psychiatry, 117:798-803, 1961.
  13. The Developmental Dynamics of Primary Reaction Characteristics in Children ( with Chess, S., Birch, H.G. and Hertzig, M.) Proceedings of the Third World Congress of Psychiatry, 1:722-726, Montreal: University of Toronto Press, 1961.
  14. Individuality in the Development of Children ( with Chess, S., Birch, H.G. and Hertzig, M.) Developmental Medicine and Child Neurology, 4:370-379, 1962.
  15. Pseudo-Transference Reactions Due to Cultural Stereotyping, American Journal of Orthopsychiatry, 32:894, 1962.
  16. Methodology of a study of Adaptive Functions of the Preschool Child (with Hertzig, Birch, H.G., and Chess, S.), Journal of the American Academy of Child Psychiatry, 1:236-245, 1962.
  17. Interaction of Temperament and Environment in the Production of Behavioral Disturbances in Children (with Chess, S. Birch, H.G., and Rutter, M.) American Journal of Psychiatry, 120:142-147, 1963.
  18. Temperamental Characteristics in Infancy and the Later Development of Behavioral Disorders (with Rutter, M., Birch, H.G., and Chess, S.) British Journal of Psychiatry, 110:651-661, 1964.
  19. Behavioral Development in Brain-Damaged Children (with Birch, H.G., and Chess, S.) Archives of General Psychiatry, 11:596-603, 1964.
  20. Emotional Expressiveness of Nursery School Children as it Relates to Formal Learning, Chapter in symposium Going to School, published by Committee of Mental Health, Massachusetts Chapter of the American Academy of Pediatrics, 1965.
  21. Distortions in Developmental Reporting Made by Parents of Behaviorally Disturbed Children (with Chess, S., and Birch,

- H.G.) Journal of the Academy of Child Psychiatry, 5:226-234, 1966.
22. Book Review of The Psychoanalytic Study of Society, edited by W. Muensterberger and S. Axelrad (New York: International University Press), in American Journal of Orthopsychiatry, 36:747, 1966.
  23. Behavior Problems Revisited: Findings of an Anterospective Study, (with Chess, S., and Birch, H.G.) Journal of the American Academy of Child Psychiatry, 6:321-331, 1967.
  24. Children's Behavioral Style and the Teacher's Appraisal of Their Intelligence. (with Gordon, E.M.) Journal of School Psychology, 5:292, 1967.
  25. The Influence of Nursery School on Social Interactions (with Ralph, J., Chess, S. and Korn, S.J.) American Journal of Orthopsychiatry, 38:144-152, 1968.
  26. Significance of Temperamental Individuality for School functioning, Chapter in Learning Disorders, edited by J. Hellmuth, Seattle: Special Child Publications, 1968.
  27. Variations in Temperament as a Factor Generating Psychological Deprivation, Chapter in Perspectives on Human Deprivation: Biological, Psychological and Sociological, Washington: National Institute of Child Health and Human Development, 1968.
  28. Temperament and Learning Ability of School Children (with Chess, S.) American Journal of Public Health, 58:2231-2239, 1968.
  29. Book Review of Neuropsychiatry in World War II, edited by R.S. Anderson, A.J. Glass and R.J. Bernucci (Washington: Office of the Surgeon General), in American Journal of Orthopsychiatry, 39:136, 1969.
  30. Book Review of The Battered Child, edited by R.E. Helfer and C.H. Kempe (Chicago: University of Chicago Press) in American Journal of Psychiatry, 125:988, 1969.
  31. Purpose vs. Consequence in the Analysis of Behavior, American Journal of Psychotherapy, 24:49, 1970.
  32. Behavioral Individuality in Childhood (with Chess, S.) Chapter in Development and Evolution of Behavior, edited by

- L.R. Aronson, E. Tobach, D.S. Lehrman and J.S. Rosenblatt,  
San Francisco: W.H. Freeman & Co., 1970.
33. Behavioral Individuality in Kibbutz Children (with Joseph Marcus and Stella Chess) The Israel Annals of Psychiatry and Related Disciplines, August 1970.
  34. The Origin of Personality (Chess, S. and Birch, H.G.)  
Scientific American, August 1970, Vol. 223-2, pp.102-109.
  35. Impact of Renewed Interest in Earliest Individual Differences, Chapter in Behavior Disorders of Children: Changing Concepts and Practices, edited by H.E. Rie, Aldine Atherton, Chicago, 1971.
  36. Examiner Effect in I.Q. Testing of Puerto Rican Working-Class Children (with Hertzog, M.E., Dryroan, I. and Fernandez, P.) American Journal of Orthopsychiatry, 41.5, October, 1971.
  37. Impact of Interest in Early Individual Differences, Chapter in Perspectives in Child Psychopathology, edited by H.E. Rie, Aldine-Atherton, pp. 267-292, 1971.
  38. Differences in Outcome with Early Intervention with Behavior Disorders (with Chess, S.) Life History Research in Psychopathology, Vol. 2, edited by Roff, Robbins and Pollack, 1971.
  39. Development in Middle Childhood (with Chess, s.) Seminars in Psychiatry, Col. 4, No.4, 331-341, 1972.
  40. Temperament in the Normal Infant (with Chess, S.), Individual Differences in Children, edited by Jack Westman, John Wiley and Sons, 1973, pp. 83-104.
  41. Cross-cultural Studies of Behavior in Children with Special Vulnerabilities to Stress (with Chess, S., Sillen, J. and Mendez, O.A.) Chapter in Life History Research in Psychopathology, vol.3, edited by Ricks, Thomas and Roff, University of Minnesota Press, pp.53-67, 1974.
  42. Attitudes and Behaviors of Acute and Chronic Schizophrenic Patients Regarding Ambulatory Treatment (with George Serban, M.D.) American Journal of Psychiatry, 131:9, September 1974.
  43. Book Review, Early Human Development, ed. by S.J. and C. Hutt, American Journal of Psychiatry, 131: 1/66, October, 1974.

44. Behavioral Individuality in Childhood, Chapter in Human Behavior Genetics, edited by Arnold R. Kaplan, Charles C. Thomas, Springfield, Ill., 1975.
45. A Longitudinal Study of Three Brain Damaged Children (with Chess, S.) Archives of General Psychiatry, April 1975, 32:457-462.
46. Evolution of Behavior Disorders into Adolescence (with Chess, S.) American Journal of Psychiatry, 133:539-542, 1976.
47. Temperament: Its Significance for Early Schooling (with Chess, S. and Cameron M.) New York University Educational Review, 73:24-28, 1976.
48. Sexual Attitudes and Behavior Patterns in a Middle-Class Adolescent Population (with Chess, S. and Cameron, M.) American Journal of Orthopsychiatry, 46:689-701, 1976.
49. Defense Mechanisms in Middle Childhood, (with Chess, S.) Canadian Psychiatric Association Journal, 21:519-525, 1976.
50. Temperament and the Parent-Child Interaction, (with Chess, S.) Pediatric Annals, 9/76.
51. Emergence of Individuality (with Chess, S.) International Encyclopedia of Neurology, Psychiatry, Psychoanalysis, and Psychology, Worman and Wasserman, eds., 1977.
52. Temperamental Individuality from Childhood into Adolescence (with Chess, S.) Journal of the American Academy of Child Psychiatry, Vol. 16, No.2, Spring 1977, pp. 218-226.
53. Temperamental Traits and Parent Guidance (with Chess, S.) Chapter in Helping Parents Help Their Children, ed. by L.E. Arnold, M.D., Brunner/Mazel, New York, 1977, pp. 135-144.
54. The Role of Temperament in the Contributions of Individuals to Their Environment (with Chess, S.) Chapter in Individuals as Producers of Their Development: A Life Span, R.M. Lerner and N.A. Busch-Rossnagel, eds. New York: Academic Press, 1981.



55. Current Trends in Developmental Theory, American Journal of Orthopsychiatry, 51:580-609, 1981.
56. The Reality of Difficult Temperament (with Korn, S.) Merrill-Palmer Quarterly, Vol. 28, No.1, pp. 1-20, 1982.
57. Infant Bonding: Mystique and Reality, American Journal of Orthopsychiatry, 52: (2) 213-222, 1982.
58. The Study of Difficult Temperament: A Reply to Kagan, Rothbart, and Plomin. Merrill-Palmer Quarterly, April 1982, Vol. 28, No.2, pp. 313-315.
59. Temperament and Follow-up to Adulthood, in Ciba Foundation Symposium 89, Temperamental Differences in Infants and Young Children, London: Pitman, 1982.
60. A Temperament Questionnaire for Early Adult Life (with Korn, A.J., Mittelman, M. and Cohen, J.) Educational and Psychological Measurement, 42:593-600, 1982.
61. Early Parental Attitudes, Divorce and Separation and Early Adult outcome. Findings of a Longitudinal Study (with Chess, S., Korn, S., Mittelman, M., and Cohen, J.) Journal American Academy of Child Psychiatry, 22 (1) 47-51, 1983.
62. Depression in Childhood and Adolescence: A Prospective Study of Six Cases (with Hassibi, M.) Journal of Nervous and Mental Disease 171:411-420, 1983.
63. Dynamics of Individual Behavioral Development (with Chess, S.). Chapter IOA pp. 158-174. ed. by M.D. Levine, W.B. Carey, A.C. Crocker, Ruth L. Gross, 1983.
64. Genesis and Evolution of Behavioral Disorders: From Infancy to Early Adult Life (with Chess, C.) American Journal of Psychiatry 141:1, January 1984.
65. Temperament Research: Where We Are, Where We Are Going. Merrill-Palmer Quarterly, April 1984, Vol. 30, No.2, pp. 103-109.
66. Temperamental Differences: A critical Concept in Child Health Care (with Chess, S.). Pediatric Nursing 11 (3) 167-171, 1985.
67. Temperament and its Functional Significance. Chapter in The

Course of Life, Vol. 11. Early Childhood (with Chess, S.), ed. by S.I. Greenspan and George H. Pollack, International Universities Press, Madison, Connecticut, pp. 163-227, 1988.

68. Temperament and Personality (with Chess, S.). Chapter in Temperament in Childhood, ed. by Geldolph A. Kohnstamm, John E. Bates and Mary K. Rothbard. New York: John Wiley & Son. pp. 405-419, 1989.
69. Issues in the Clinical Application of Temperament (with Chess, s.). Chapter in Temperament in Childhood, ed. by Geldolph A. Kohnstamm, John E. Bates and Mary K. Rothbard. New York: John Wiley & Son. pp. 405-419, 1989.
70. The Practical Application of Temperament to Psychiatry, Chapter 1 in Clinical and Educational Applications of Temperament Research, edited by W.B. Carey and S. McDevitt, Swets and Zeitlinger, 1989.
71. Continuities and Discontinuities in Temperament (with Chess, S.) in Straight and Important Pathways from Childhood to Adulthood, ed. by L. Robbins and M. Rutter, Cambridge: Cambridge University Press, pp. 205-226, 1990.
72. New York Longitudinal Study (NYLS): The Young Adult Period (with Chess, S.). Canadian Journal of Psychiatry, 35: August 1990, pp. 205-226.
73. Temperament and Personality (with S. Chess) Chapter in Temperament in Childhood ed. by Geldoph A. Kohnstamm, John E. Bates and Mary K. Rothbard. New York: John Wiley and Son. pp. 405-419.
74. Issues in the Clinical Application of Temperament (with S. Chess) Chapter in Temperament in Childhood ed. by Geldoph A. Kohnstamm, John E. Bates and Mary K. Rothbard. New York: John Wiley and Son. pp. 405-419.